

Macaulay Primary Academy
P.E. Policy February 2016

Rationale

The justification for P.E. in the curriculum is that it can provide pupils with the ability to develop: -

- Enjoyment of sporting and exercise related activities
- An active and healthy lifestyle
- An understanding of how to identify their strengths and weaknesses
- Experience social, emotional and cultural contact regardless of age, gender, ability, religion or nationality
- Body awareness
- Co-ordination, especially in the early years who will develop their fine and gross motor skills.
- Co-operation and teamwork
- Sense of fair play and the need for rules
- The ability to evaluate and assess their own and others performances
- A spirit of competition in a variety of activities

P.E. also contributes to other aspects of pupil development e.g.

- English - Developing speaking and listening skills
- Numeracy - Timing and measurement, positional language
- Science: Ourselves and health related issues
- PSHE and Citizenship – Children learn about the benefits of exercise and healthy eating, and how to make informed choices about things. Children also develop an ability to share, cooperate and nurture responsibility towards self and others to enhance their own character education.

Aims

The aim of the P.E. curriculum is to: -

- To provide progressive learning objectives, combined with sympathetic and varied teaching approaches, which endeavour to provide stimulating, enjoyable, satisfying and appropriately challenging learning experiences for all pupils.
- To deliver a varied and diverse range of sports throughout school.
- Deliver 2 hours or more of high quality Physical Education per week.
- To ensure all children are physically active regularly throughout the week.
- Promote physical development and a healthy life style
- Develop social co-operation and positive attitudes within pupils
- Encourage competition and fair play and to teach the individual self-discipline
- Promote and develop safe practice
- Provide equal opportunities for all pupils regardless of gender or ability

- Provide opportunities for all pupils to experience PE outside of school with other local schools.
- To encourage children to engage in out of school sports, within school and the local community.

Health & Safety

Children should be taught how to safely handle apparatus and equipment and realise the consequences of incorrect use.

Participation in all activities is necessary to promote a healthy life style.

Children should wear the school's PE kit – plain t-shirt and plain shorts. If this is not possible, suitable clothing should be worn at all times i.e. shorts and T-shirts or outdoor games kit. Bare feet (or plimsolls) are essential for Gym, Dance and indoor games in KS1. However if a child is suffering from a verruca it must be covered with a plaster from home, prior to the P.E lesson and plimsolls must be worn. Trainers and plimsolls are suitable for KS1 outdoor activities however only trainers must be worn for KS2.

No jewellery should be worn during P E or Games lessons. Earrings should be removed prior to the PE lesson, if this is not possible then they will not be able to take part in the session. Plasters covering the ear do not provide suitable protection from them or the others around them during a lesson. Parents should be notified if persistent failure to adhere to the PE policy occurs. All long hair should be tied back.

Planning

Long term plans are created at the start of the academic year and distributed to all members of staff. These can be adapted as the year progresses.

Teachers follow scheme of work for their weekly lessons. These are adapted to meet individual classes needs.

A coaching company comes into school and delivers a large proportion of PE especially in KS2. There is an expectation that lessons are thoroughly planned. The school has access to these via a website and it is closely monitored by the PE co-ordinator and Senior leaders.

Time Allocation

All children should access at least 2 hours of high quality Physical Education per week in curriculum time. See long term plan for the allocation of individual areas to be covered each half term i.e. Games, Gymnastics and Dance. All children will also participate in 'Wake Up and Shake Up' five mornings per week for 15 minutes.

Foundation Stage have an Hour PE lesson each week and physical development is catered for through continuous provision.

Year 3 and 4 will also fulfil their swimming lesson entitlement in the summer term.

Differentiation

We teach PE to all children, whatever their ability, as PE forms part of the school curriculum policy to provide a broad and balanced education to all children. Teachers provide learning opportunities that are matched to the needs of all children and lessons are planned with sufficient support and challenge. The work in PE takes into account the targets set for individual children in their individual targets. Outside agencies are used when appropriate. When using outside coaches, they are made aware of these children and their specific needs.

Talented pupils are identified and provided with opportunities to enhance their ability and given opportunities to compete at local level.

Resources

We have 2 large PE resource rooms in KS2, where we have a large collection of sports equipment. In KS1 there is also a PE store for equipment appropriate for their age group. All teachers are aware of the resources made available to them and the children are informed of how to maintain this equipment. There is a wide range of small apparatus including equipment for all the curriculum needs. These will be checked regularly and the balls maintained in good condition. Teachers should check this equipment before every lesson.

Large apparatus includes 2 wall mounted climbing frames, benches, 'A' frames, stools etc, which will be checked regularly and maintained in good safe condition. Teachers should check this equipment every time before letting children use it. This equipment will also be checked annually by PE coordinators. An annual safety check is also carried out by Newby Leisure check outside and Continental check the indoor equipment.

There is a large selection of playground games and equipment, which is available to the children during playtimes and lunchtimes.

Extra Curricular Activities

The school offers a range of out of school activities, changing regularly to suit the needs of the school. Grimsby Town Football Club is regularly in school to provide football coaching at dinner times, as well as after school. There are a wide range of activities offered to children and these are updated and changed once a term. They are open to any pupil in the relevant year group. As well as a variety of after school clubs we also provide an active playtimes and lunchtimes.

Assessment & Recording

At the end of each school year, comments will be made in the children's individual reports, relating to progress made in all areas of PE. Teachers will also use the assessment column in the weekly short-term planning. A more summative assessment policy for PE is currently being updated and will soon be in place.

Children in the Foundation Stage will be assessed on their progress made in Physical Development in the Foundation Stage Profile early years assessment.

Review Date: September 2016